RAPIDS RAPTORS YOUTH FOOTBALL & CHEERLEADING

Welcome to the 2023 Rapids Raptors Youth Football and Cheerleading program.

Additional information about the organization and forms can be found on our web site.

www.wrraptors.org

Important Dates

• Equipment Pick-Up Night – July 19 th 5:30 p.m. – 7:00 p.m.	• Practices Begin August 7 th 6:00 p.m. – 8:00 p.m. Behind Our Lady Queen of Heaven (St. Mary's)
@ East Junior High	• Scrimmage - August 26 th 9:00 – 12:00 p.m
• Clothing Store –	Game Schedule
Opens: July 19 ^{th -} Closes: August 13 th	1 st Game – September 9 th , 2023
• Report Card Deadline -	Last Game – October 14 th , 2023
Last Collection - September 9 th , 2023	
• Photo Night / Cookie Dough Pickup August 28 th , 2023 – start at 4:30 p.m.	Assumption FB Camp: July 24–July 27 (5 th /6 th only) (contact Jeff Sullivan)
• Equipment Return –	End of Season Banquet –
October 17 th 5:00 p.m. – 7:00 p.m.	Teams TBD – October 23 rd
Location - @ East Junior High	Teams TBD – October 24 th

Items needed for Equipment Night - July 19th at East Junior High \$200.00 deposit check for equipment

Practice Schedule

Practice Schedule	
Week #1: Monday thru Thursday:	Week #2: Monday thru Thursday:
Conditioning Week	Team Week
August 7^{th} 6:00 – 8:00 p.m. Helmet Only	August 14 th 5:45 – 8:00 p.m. Full Pads
August 8 th 6:00 – 8:00 p.m. Helmet Only	August 15 th 6:00 – 8:00 p.m. Full Pads
August 9 th 6:00 – 8:00 p.m. Helmet Only	August 16 th 6:00 – 8:00 p.m. Full Pads
August 10 th 6:00 – 7:30 p.m. Helmet Only	August 17 th 6:00 – 8:00 p.m. Full Pads
Week #3: Monday thru Thursday:	Week #4: Monday, Tuesday, Thursday:
August 21 st 6:00 – 8:00 p.m. Full Pads	August 28 th 4:30 – 7:30 p.m.
August 22^{nd} 6:00 – 8:00 p.m. Full Pads	Photo Night only & Pick up cookie dough
August 23 rd 6:00 – 8:00 p.m. Full Pads	August 29 th 6:00 – 7:30 p.m. Full Pads
August 24 th 6:00 – 8:00 p.m. Full Pads	August 31 st 6:00 – 7:30 p.m. Full Pads
August 26th 9:00 – 12:00 p.m. Scrimmage TBD	
Week #5: Tuesday, Thursday	Week #6: Tuesday, Thursday
Time Change for Practice	September 12 th 5:30 – 7:00 p.m. Full Pads
September 5 th 5:30 – 7:00 p.m. Full Pads	September 14 th 5:30 – 7:00 p.m. Full Pads
September 7 th 5:30 – 7:00 p.m. Full Pads	September 16th Game #2
September 9th Game #1	September 10th Guine 112
Week #7: Tuesday, Thursday	Week #8: Tuesday, Thursday
September 19 th 5:30 – 7:00 p.m. Full Pads	Time Change for Practice
September 21 st 5:30 – 7:00 p.m. Full Pads	September 26 th 5:00 – 6:30 p.m. Full Pads
	September 28 th 5:00 – 6:30 p.m. Full Pads
September 23rd Game #3	September 30th Game #4
Week #9: Tuesday, Thursday	Week #10: Tuesday, Thursday
October 3 rd 5:00 – 6:30 p.m. Full Pads	October 10 th 5:00 – 6:30 p.m. Full Pads
October 5 th 5:00 – 6:30 p.m. Full Pads	October 12 th 5:00 – 6:30 p.m. Full Pads
October 7th Game #5	October 14th Game #6